



March 2015



Redstone Review

Administrators' Message

It seems like we just returned from the Winter Break and the March Break Holiday is right around the corner!

The first two months of 2015 have flown by with exciting events for the students. Teachers have organized Ski Trips, Skating at the local arena, Carnival, Basketball Tournaments, and a Girl's Focus Group. Our Healthy School Team is up and running and spreading the news on how to stay healthy!"

Look who is "tweeting"! Redstone P.S. is now on Twitter. We will be highlighting wonderful activities in the classroom and events in the school via Twitter. We will also be posting information to keep you up to date...so please follow us. You can also see the twitter feed our school website.



Math continues to be highlighted at Redstone with our teaching staff meeting regularly to work together to enhance student achievement. Our Professional Learning Teams are held weekly and have such a great impact on learning at Redstone. In addition to this, we are continuing to work with our network school partners to enhance student learning and teacher practice. On February 27, some Redstone staff visited our network partners to learn more about co-planning, co-teaching and co-debriefing and reflection practices that support student achievement.

Although Mother Nature has delivered some very severe weather this winter, it has been a fabulous term and we are all so proud of the students for their efforts and accomplishments. With the March Break only a couple of weeks away, please let us take this opportunity to wish you all a safe and restful vacation.

Diana Dal Bello and Jennifer Anderson



Redstone Public School

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Richmond Hill, Ontario

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1-866-287-7837

Inside this issue

School Council Information ...2
PAN-AM Games.....2
Intermediate Basketball2
Creating in Kindergarten.....3
YRDSB Arts Camp.....3
Junior Ski Trip4
Take Note.....4
Roots of Empathy.....5
Concussions.....5
Pink Shirt Day6
Planning for September6
Growth Mindset.....7
Late Arrivals.....7
Earth Hour.....7
Parent Presentation Info.....8



School Council

This week will be the last week of milk before the March Break. We will be sending out new order forms for the last three months of school after the March Break. Also the School Council is planning it's annual Family Movie Night. Save the date: Thursday April 30th.

Please note that our next School Council meeting will take place on **Monday, April 13th at 7pm** in the Library. Come on out and join us!

PAN-AM GAMES 2015

7,600 athletes from across Latin America, South America, the Caribbean and North America will put their years of intense training, perseverance and sacrifice to the test in world-class competition in 36 Pan Am sports and 15 Parapan Am sports at the TORONTO 2015 Pan Am / Parapan Am Games.

The Pan-Am Games PACHI will be visiting the students at Red-stone on March 12th at an afternoon assembly.



Give the ones you love wings to fly, roots to come back, and reasons to stay.

~Dalai Lama

Intermediate Basketball

Big thanks to coaches Ms. Cancelli, Mr. Dixon, Mr. Grey and Mr. Stoddart. Both girls and boys teams had a very successful season. The commitment and effort by all the players paid off in the end, as both teams showed great improvement. The boys won a few tournaments and the girls also came close. We are proud of our Road-runners!

Intermediate Girls and Boys Basketball Teams



Kindergarten's Create Robots



Mr. Janzen and Ms. Ciccone's class used recycled material to create some classroom robots. It all started when a student was dancing the "robot". The students researched about robots. They talked about what robots can do and read plenty of material. The students learned about 3D shapes and they are also writing stories about their robots. Lots of great inquiry learning in kindergarten!



York Region Arts Camp 2015

Experience the Arts in a New Way!

We are presently accepting applications from students interested in the York Region Arts Camp. The camp runs May 23rd—May 30th, 2015 at Camp White Pine in Haliburton, Ontario. The camp is suitable for students passionate about Drama, Dance, Music or Visual Arts.

York Region District School Board students from Grades 7 through 12 are eligible to apply.

Application Deadline:
February 13, 2015

Please ask Ms. Binicki, our Intermediate Visual Arts teacher, for further details and information.

Junior Ski, Snowboarding and Tubing @ Snow Valley

Take Note...

Intermediate Skate Trip
March 4

**Gr 8 trip to Richmond
Green High School**
March 5

Grade 7/8 Dance
March 6

Intermediate Skate Trip
March 12

**Pachi the PAN AM Mascot
is visiting**
March 12

**March Break—no school
for students**
March 13 to March 20

Junglesport Week
March 23 to March 27

Earth Hour
March 27

**Character Assembly
(9:15 am)**
March 31



Roots of Empathy



For the past 5 month's, Mr. Horowitz's grade 3 class has participated in Roots of Empathy. This evidence-based classroom program focuses on raising levels of empathy among the students, resulting in more respectful and caring relationships.

At the heart of the program is baby Savanna, the daughter of our very own Ms. Hotchkiss. With 9 visits throughout the school year, students observe the baby's development and learn to label the baby's feelings and intentions, which leads them to reflect on their own feelings and the feelings of others.

The program is led by Roots of Empathy instructor Marsha Jacobson. Marsha leads the class in a weekly lesson and discussion focused around themes that include meeting the baby, crying, caring and planning, emotions, sleep, safety, and communicating.

The students have loved participating in the program and always look forward to their visits from Marsha, Ms. Hotchkiss, and baby Savanna.



Her little hands stole my heart...and her little feet ran away with it.



Concussions - not just a bump on the head!

A concussion is a brain injury caused by any blow to the head, face, neck or any sudden jarring of the head (e.g., a ball to the head, playground fall or being checked into the boards in hockey). Children do not need to be knocked out (lose consciousness) to have had a concussion.

Children who may have a concussion should:

- Stop playing the sport or activity right away and not go back to play that day
- Not be left alone
- Be seen by a doctor as soon as possible
- Be monitored by parents/guardian as signs and symptoms often last for seven to 10 days



For more information visit www.york.ca/injuryprevention



1-800-361-5653
TTY: 1-866-252-9933

York Region Health Connection

Community and Health Services
Public Health

www.york.ca



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PINK SHIRT DAY

Redstone held its annual Pink Shirt Day on Wednesday February 25th, 2015. Pink Shirt Day began in 2007 when a grade 9 boy was bullied for wearing a pink polo shirt. Staff and students of Redstone came together in support of anti-bullying by wearing their pink shirts and standing together to stop bullying. Pink symbolizes that we do not tolerate bullying anywhere. Students and staff believe in the importance of standing up against bullying and the importance of promoting and creating a safe and positive school environment for all our community members. Remember, silence solves nothing, Let's Start a Conversation!!



Planning for September

The process of preparing for a new school year involves predicting student enrolment and structuring the organization of classes and teachers to match the enrolment. We ask that families assist us with these preparations by informing the office (in writing) if you are moving out of the Redstone area. Please include the last day of attendance and the school your child (ren) will be attending. This will also facilitate in the transfer of your child's records (OSR). Thank you!

Growth Mindset in Math

In general, a growth mindset is the belief that intelligence and ‘smartness’ can also be learned and that the brain grows from experience and effort. The opposite, a fixed mindset, is the idea that you are smart, or you are not. In math, that translates into “some people are good at math, and some are not.” Did you know that praising efforts rather than intelligence or results can impact your child’s ability to persevere in challenges?! The goal is to have children thrive on challenges and see failures, not as a sign of low intelligence, but as a learning opportunity. Brain research tells us that making mistakes actually wires more connections into the brain! When a person has a growth mindset, they accept challenges, see their efforts as worthwhile, and are open to learning from mistakes. Students with a growth mindset achieve at higher levels than those with fixed mindsets. How can you help? Some simple ways:

- Adding “yet” when they claim they are “not good at this” (Respond: “You are not good at this yet.”)
- Ask questions that focus on their effort and choices and get them to reflect on satisfaction of that effort (e.g. *What did you learn today? What mistake did you make that taught you something? What did you try hard at today?*)
- Model this yourself as you share about your day

Late Arrivals

At Redstone, we emphasize the importance of regular and punctual attendance to help students establish patterns for success now and in the future. Regular attendance also ensures continuity of program and assists the students in achieving academic success as well as maintain social ties. It is a parent’s legal obligation to have their child at school regularly and on time. Please ensure that your child is at school on time each day. Any student arriving after the second bell is late and will need to report to the office for an admit slip for class.

Earth Hour @ Redstone

Earth Hour began in 2007 in Sydney, Australia and quickly grew to a global phenomenon. By 2009, Earth Hour grew to over 4,000 cities, including 73 national capitals and nine of the world's 10 most populated cities. In Canada, over half of the Canadian adult population (over 10 million people) switched off their lights! The goal is to get as many individuals and businesses as possible to turn off their lights for one hour to raise awareness about climate change and demonstrate that people are ready to take personal action. "Earth Hour is a bit like an environmental New Year, providing a chance to reflect on how our planet is faring and what we can do to help. That moment of reflection is the heart of Earth Hour," says World Wildlife Fund Canada CEO, Gerald Butts.

Earth Hour will be celebrated around the world on Saturday, March 28th, between 8:30 PM – 9:30 PM. People around the world will turn their lights off for one hour to take a stand against climate change. Redstone Public School will celebrate on the afternoon of Friday, March 27th. How will your family celebrate Earth Hour? Here are some ideas for at home during Earth Hour:

☞☞ Stargazing ☞☞ Tell family stories or make recycled crafts ☞☞ Board games or singing by candlelight ☞☞ Family walk or night hike ☞☞ “Campout” with sleeping bags inside.

We hope you will take this opportunity to spend time with family and friends celebrating Earth Hour.



Please join the **York Region District School Board Psychological Services Department** for:

An Evening Presentation for **PARENTS**
with **Dr. Debra Pepler**
Promoting Resiliency Through Healthy Relationships

The symposium will be of interest to parents/guardians in promoting caring and supportive relationships within their family.

Healthy relationships are critical for the development of resiliency in children and youth.

These relationships start at home and then extend to school, peers and the community.

Recent research is showing that the quality of children's relationships is important for many outcomes: healthy DNA and the expression of genes in cells, brain development, behaviour, learning and physical, mental, and social health.

This workshop will:

- Provide a deeper understanding of how healthy development depends on healthy relationships, which sets the groundwork for developing resiliency and well-being;
- Focus on strategies to support children and youth's healthy development;
- Focus on strategies to support the development of resilience; and
- Describe the work being done within PREVNET (Promoting Relationships and Eliminating Violence Network) to promote healthy relationships in all places that children and youth live, learn and play.

When: Wednesday, May 6, 2015

**Where: Riviera Parque Convention Centre
2800 Hwy. #7 West**

(Hwy. #7 & Creditstone Road/ between Keele and Jane, North Side)

Time: 7:00 p.m. – 8:30 p.m.

Registration Fee: **\$10.00 per person or \$15.00 per Family** (parents or guardians of student(s))
(no refund if unable to attend)

PLEASE PRINT CLEARLY

CONFIRMATION OF REGISTRATION WILL BE SENT TO YOU VIA YOUR E-MAIL ADDRESS PROVIDED

Name(s): _____ Contact Phone #: _____
(Please print clearly, name or names of each Parent/Guardian attending)

E-mail: _____ Number Attending: _____ Amt. Attached: \$ _____

Please **return this portion** of the flyer with your **CHEQUE only** (**ABSOLUTELY NO CASH**)
made payable to York Region District School Board by April 30, 2015

By Mail: Elizabeth Iarocci, Psychological Services, York Region District School Board,
300 Harry Walker Parkway South, Newmarket, Ontario L3Y 8E2

By YRDSB Board Courier: Attn.: Elizabeth Iarocci - Psychological Services - C.L.L. - Newmarket

A confirmation of registration will be sent to you on receipt of payment.

Please note: THE E-MAIL CONFIRMATION IS YOUR TICKET FOR ENTRANCE TO THE SESSION.